

OCTOBER 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
			1 A dry cough should be treated with what kind of cough medicine?	2 If your vehicle starts to hydroplane during wet weather, what is the first thing you should do?	3 What simple household appliance greatly increases your chance to survive a fire in your home?	4																																																																																											
5	6 In commercial buildings, what is the leading cause of fire deaths, injuries and dollars lost?	7 Name one of the top five single food categories linked to food poisoning outbreaks:	8 What is the most frequently diagnosed cancer in women?	9 Name three federal government agencies involved in protecting the food supply:	10 What does irradiation do to foods other than kill bacteria?	11																																																																																											
12	13 Columbus Day	14 A serious health condition where a person is severely overweight is called:	15 Name one of the four most common types of injuries suffered by skateboarders?	16 Name one common symptom a person may experience when he strains a muscle?	17 Name two safety tips for using contact lenses:	18																																																																																											
19	20 An operation in which the uterus is removed is called?	21 Name two diseases or conditions that make an individual more vulnerable to severe foodborne illness:	22 Besides milk products, name two food products that are a source of calcium:	23 Name two common symptoms of diabetes:	24 United Nations Day	25																																																																																											
26	27 Name two of the most common symptoms of dehydration.	28 The human spine is made up of approximately 33 bones. These are called what:	29 What part of the body absorbs poison the fastest?	30 What is the disease varicella more commonly known as?	31 Halloween																																																																																												
		September 2008 <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> </tr> <tr> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> </tr> <tr> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> </tr> <tr> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> </tr> <tr> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		S	M	T	W	Th	F	Sa		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					November 2008 <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> </tr> <tr> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> </tr> <tr> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> </tr> <tr> <td>30</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		S	M	T	W	Th	F	Sa							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							Notes:
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