

April 2009

Question of the Day Answer Key

1. Kitchen
2. U.S. Coast Guard
3. An itchy rash
6. Yield
7. The helmet must be fitted securely and buckled
8. Four
9. High cost of prescription drugs, greater demand and use of prescription drugs, use of the Internet to sell drugs, new technologies make it easier to counterfeit, sophisticated counterfeiters, importing or re-importation of medications from foreign countries
10. Hard bristles
13. The process may cause a small loss of nutrients; it prolongs shelf-life
14. Keep immunizations up-to-date, avoid insect-infested areas, use netting and insect repellent, wear proper clothing
15. They cannot eat as much at one setting; they get hungry more often
16. As a way to increase energy level, athletic performance, or weight loss
17. Sell you a counterfeit drug (contaminated drug), an unapproved drug, deliver the wrong drug, or take money and never deliver any drug at all
20. Chest pain or discomfort; pain or discomfort in upper body (arms, the back, neck, jaw and stomach); breathing difficulty (shortness of breath); changes in pulse rate; pale or bluish skin color; moist or sweaty skin
21. Every ten years
22. Polio, diphtheria, tetanus, pertussis, Haemophilus influenzae Type B, Measles, mumps, rubella, hepatitis B, varicella (chicken pox)
23. Wash hands with warm water and soap; keep hot foods hot and cold foods cold; wash cutting boards, dishes, utensils, and countertops with hot, soapy water after preparing each food item and before you go on to the next item; keep family pets away from kitchen counters; separate raw food to avoid cross contamination
24. 12
27. Builds and repairs cells; is used to produce hormones like estrogen and testosterone; is converted into bile acids to help digest food
28. Apply cool cloths; apply soothing lotion; apply aloe vera; take an over-the-counter pain medication
29. Protect yourself from mosquitoes, use repellent with DEET, stay indoors during peak hours for mosquitoes, wear protective clothing, get rid of sources of standing water where mosquitoes can live
30. Human immunodeficiency virus