

APRIL 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Residential fires are most likely to start in what room?	2 All proper lifejackets should be approved by what group?	3 What is the most common symptom you will develop after coming into contact with poison ivy?	4
5	6 A triangle that points down is used exclusively for what type of road sign?	7 What two things must you do for your bike helmet to work properly and protect you in a crash?	8 As an energy source, protein provides how many calories per gram?	9 Name one reason counterfeit drugs are on the rise in the United States:	10 When selecting a toothbrush, which type of bristles are most likely to cause abrasions?	11
12	13 What does irradiation do to foods other than kill bacteria?	14 Name two ways that you can avoid complications from insect bites and stings:	15 Why are young children encouraged to eat mid-morning and mid-afternoon snacks?	16 Ephedra is a stimulant. For what use has it been promoted to, and used by, athletes?	17 Name one way an illegal online drug seller might cheat you:	18
19	20 Give one sign that a person might be having a heart attack?	21 How often should an adult have a tetanus vaccine booster?	22 Name one vaccine a child is recommended to have by the age of two:	23 Name two important safety steps you would take at home when preparing food:	24 NHTSA recommends that children under this age ride only in the backseat of vehicles:	25
26	27 Name one function that cholesterol performs in your body:	28 Name one first aid action you can take to ease the symptoms of sunburn:	29 Name one way you can reduce your risk of becoming infected with the West Nile virus:	30 In the medical world, what do the letters H-I-V stand for?		
					Notes:	